

Brag Sheet:

Student Questionnaire for Counselor Letter of Recommendation



Brag sheets are a way for you to help your counselor and teachers write letters of recommendation. These forms give them more insight into who you are outside of school and your interests. Fill out these forms, and share them with your counselor and teachers when you ask them for a letter of recommendation!

This form is for **students** to fill out.

Complete this form to help your counselor write a letter of recommendation on your behalf. Keep in mind, the more specific the details you can give, the more personal and effective your recommendation will be.

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Student's full name: _____

Student's email address: _____

Student's cell number: _____

List three adjectives you would use to describe yourself.

What do you like to do for fun?



List your major activities in school.

Include what grade(s) you have participated (9,10,11,12, other) and any leadership positions, honors, and/or awards received.

List your major activities outside of school.

Consider things like clubs, sports, work, community service, hobbies, and family responsibilities. Include what grade(s) you have participated (9,10,11,12, other) and any leadership positions, honors, and/or awards received.

What events, experiences and/or people in your life have had the greatest influence on making you the person you are today?



Describe your academic strengths.

Do you believe your academic record is an accurate reflection of your ability? If not, please explain why.

What majors or careers are you considering?

Do you have any particular college preferences your counselor should know about?

School Size:

☐ Small (<2,000 students)

☐ Large (>15,000 students)

☐ Medium (2,000–15,000 students)

☐ Doesn't matter

Campus Setting:

☐ Urban

☐ Suburban

☐ Rural

☐ Doesn't matter

Type of School:

☐ Public

☐ Private

☐ HBCU

☐ HSI

Geographic:

Cities: _____

States: _____

Regions: _____

Countries: _____

Proximity to home: _____

Other (please describe): _____

What colleges have you visited (in person or virtually) and what were your impressions?

What colleges are you considering applying to?
